



LANGSTONE JUNIOR ACADEMY

Lakeside Avenue, Copnor, PORTSMOUTH PO3 6EZ

Telephone: 023 9282 4138

www.langstone-jun.portsmouth.sch.uk

Headteacher: Mrs Jane Bush



5th March 2024

Dear Parent/Carer,

We are pleased to advise you that Year 4 will be starting their swimming lessons in the summer term. Each class will take part in four 1-hour sessions at the Mountbatten Centre in Hilsea. The dates your child's class will go is as follows:

4JO – Thursday 18/04, Thursday 25/04, Thursday 2/05, Thursday 9/05

4JP – Thursday 16/05, Thursday 23/05, Thursday 6/06, Thursday 13/06

4JL – Thursday 20/06, Thursday 27/06, Thursday 4/07, Thursday 11/07

For these lessons, girls will need to bring a towel and a one-piece swimsuit (no bikinis or tankinis) and boys will need swimming trunks and a towel. Please bring a suitable plastic bag to place your swimming kit in afterwards. It is advised that, if your child has long hair, they wear a swimming cap during their session as the children will be unable to wash and dry their hair afterwards due to time constraints. Children **can** wear their swimming costumes under their uniform prior to visiting the pool – please remember to bring underwear to change into. No watches or jewellery of any type may be taken to the swimming pool. Please do not bring them into school on these days as we are unable to keep them safe during this time. Goggles may be worn though the children take full responsibility for these. Please ensure your child has a snack and a water bottle for the morning before the lesson takes place as this will help them keep focused and sustained until lunch.

For your child to attend, please give consent on SCOPAY, which will go live on Tuesday the 5th of March, and fill in the note box to inform us if your child:

- **Attends swimming lessons.**
- **Cannot swim**
- **Can travel 5 metres unaided on their front and back (Without the use of any armbands, floats or adult support).**
- **Can swim 10 metres in basic recognised strokes, front crawl, backstroke and breaststroke.**
- **Can swim 25 metres competently in 3 recognised strokes.**

Our swimming sessions will replace our Tuesday PE lesson so children will still need to wear their PE kit into a school on a Monday.

Thank you for your continued support.

Mr Phelan, Mrs O'Donnell and Mr Lawrence - Year 4 Team