



LANGSTONE JUNIOR ACADEMY

Lakeside Avenue, Copnor, PORTSMOUTH PO3 6EZ

Telephone: 023 9282 4138

www.langstone-jun.portsmouth.sch.uk

Headteacher: Mrs Jane Bush



Friday 26th April 2024

Dear Parents/Carers

YEAR 5 – Puberty Lessons

As part of our PSHE and Science curriculum, this half term the Year 5 children will be receiving lessons on puberty and change. The lessons will fit alongside our current Science unit that focuses on life cycles. We are planning to start these lessons the week beginning 20th May 2024.

There will be some time spent in discussion and watching short videos. We will be covering how bodies start to change as puberty begins. The children will be encouraged to ask questions about what they have seen and discussed, either as part of the class discussion or by putting questions into a worry box. You may want to be prepared that your child may have questions they may want to discuss with you at home.

If you have any questions or concerns, then please contact a member of the Year 5 team, Mrs Bush or Mr Wessels. We would be more than happy to clarify what we discuss with the pupils and can share with you the planning and the resources we will be using.

Thank you for your continued support.

Miss Chappell

Miss Jordan

Mr Shaw

Year 5 Team