



LANGSTONE PRIMARY ACADEMY

RSE (Relationships and Sex Education) POLICY

What is RSE?

RSE is part of lifelong learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. RSE, within PSHE, aims to give children and young people essential skills for building positive, enjoyable, respectful and non-exploitive relationships and the skills to stay safe both on and off line. It enables pupils to explore their own and other's attitudes and values and builds their self-esteem and confidence to view their own sexuality positively. RSE is not about the promotion of sexual activity.

Delivery of RSE

At Langstone, RSE is taught within the personal, social, health and economic (PSHE) education curriculum. We will teach age-appropriate sex education alongside relationships education. In doing so, we follow [guidance](#) issued by the Secretary of State as outlined in Section 403 of the [Education Act 1996](#). All staff are aware of and will respond to the prevention of sexual harassment and abuse when teaching the RSE curriculum and teach children about safeguarding themselves and keeping safe when online.

Some biological aspects of sex education are taught within the science curriculum and our computing curriculum covers ways in which children can safeguard themselves from explicit on-line content.

In year 6, pupils will learn the male and female body parts associated with conception; they will be able to identify what sexual intercourse is and how a baby is made; learn that pregnancy can be prevented with contraception and understand what is meant by consent.

In year 5, pupils will learn that puberty is a time in everyone's life when their bodies grow and change from children to young adults; they will learn about the effects of puberty on male and female bodies; they will learn what happens during menstruation and ejaculation and how to manage both and that feelings and emotions may change during puberty and cause mood swings.

In year 4, girls will also receive an introduction to what periods are and how to manage them.

In line with the [equalities act](#), we believe that RSE should meet the needs of all pupils, whatever their developing sexuality – this should include age-appropriate teaching about different types of relationships in the context of the law. In EYFS, pupils learn how to talk about members of their family, in year 1, children learn how to be a good friend and how to manage hurtful behaviour and in year 2, pupils explore safe relationships and trusted adults. Year 3 teaches children how to work collaboratively and when to keep or share a secret. In year 4, pupils are taught about different types of relationships they have and identify some ways in which relationships can be recognised, celebrated and marked. This is then built on in year 5 where pupils are able to describe different kinds of friendships and families and what makes them special and unique. Year 6 learn about the different ways in which a couple can show their love and

commitment to each other; they will also learn what a marriage/civil partnership is and the difference between forced and arranged marriage.

As with any other area of the curriculum, all lessons are planned with an awareness of the individuals within the classes to ensure the content is relevant, sensitive and accessible. The content of the curriculum is also regularly reviewed to ensure that it responds to the needs of our pupils as well as relevant, current issues. The content will be delivered by the pupil's teacher and support staff and a code of conduct for the lessons will be agreed by staff and pupils at the beginning of the session.

Engaging Stakeholders

We are committed to working with parents and carers by hosting coffee mornings and making this policy available on our website. We endeavour to answer any questions that parents may have about the RSE/PSHE education of their child and take seriously any issue that parents raise with teachers or governors about this policy or the arrangements for RSE/PSHE in the school.

Parents and carers are informed before RSE takes place in Year 4, 5 and 6 and are invited to look at any resources to be used in teaching and learning and meet with staff to enable them to raise questions.

Parents and carers have the right to request that their child be withdrawn from some or all of sex education covered as part of RSE, and we will automatically grant any such request. Please note that parents/carers cannot withdraw their child from relationships education, health education, or science lessons which cover sex education topics. As good practice, we will offer to meet with you to discuss your request, offering the chance to discuss the potential benefits of sex education and any potential challenges that may arise from withdrawal (such as children hearing information from their peers rather than staff), although you are not required to meet with us in order to have your request processed.

Governors will be informed of the RSE policy and curriculum and Irene Baldry is the school governor responsible for the governance of RSE.

Monitoring and Evaluation

The delivery of RSE is monitored by SLT and the PSHE lead through lesson observations, learning walks, feedback from staff and children. Pupils' development in RSE is monitored by class teachers through teacher assessment.

This policy will be reviewed every two years. At every review, the policy will be approved by the PSHE lead, head teacher and governing body.

Date: June 2024

Review Date: June 2026

